Transcription News for August 2025 from TP Transcription and University Transcriptions

Specialist academic and business transcription and translation services for all languages, established in 2001, a B Corp company and 1% For the Planet member. Our company donates 10% of profits to charity and is a member of the Ten Percent Group of websites and companies. For details of our company please visit **www.tptranscription.co.uk**. We produce a monthly news round up of our research projects, charity donations and work.

TP Transcription & University Transcriptions Charity Donations - £500 to the Huntington's Disease Association & £1,000 to the Cleft Lip & Palate Association

Every year, TP Transcription Limited donates 10% of net profits to charity via the Ten Percent Foundation . This year our donations to date have included £500 to Huntington's Disease Association and £1,000 to CLAPA.

The Huntington's Disease Association £500 Donation

The Ten Percent Group donated £500 to the Huntington's Disease Association via the Ten Percent Foundation, our charitable trust set up in 2003 to handle company donations of 10% of net profits, something we have done for over 25 years. Nominated by Catherine Charlwood from the University of Exeter.

Bridget Waters, the Trusts & Foundations Manager at the charity, said: "Your £500 donation will deliver two activity days for children and young people in Wales. Children and young people tell us how much they value these events. They make supportive friendships by coming together in this way." Bridget has also given us the information below.

Background

The Huntington's Disease Association is the only charity that supports people affected by this profoundly disabling disease across England and Wales. Our vision is a better life for anyone affected by Huntington's disease. Established in 1971 as a peer support group and registered as a charity in 1987, we have worked with and for the Huntington's community for over 50 years and remain community-led. Last year, we supported over 5,000 people affected by Huntington's disease and Juvenile Huntington's disease.

Youth Engagement Service

HDYES is the charity's Youth Engagement Service that supports children and young people aged 8 – 25 who are affected by Huntington's disease. This profoundly disabling and rare disease destroys brain cells and affects movement, behaviour and mental health. There is no treatment or cure and the disease is terminal. Because this rare neurological disease is inherited from a parent, it can impact many members of the same family. Children and young people in Huntington's disease families may be living with a parent who has the disease. They may have caring responsibilities for a parent, other family members and/or siblings. Home life can be complex and chaotic. They may already have lost family members to the disease. And they may be worried about their own risk of inheriting the disease and what the future holds for them. HDYES provides direct support from our team of four regional Youth Workers.

Experiences

Joe, a member of HD Youth Voice, told us: "HD Youth Voice has taught me that just because someone might be quiet doesn't mean they're alright. HD Youth Voice has given us a space to talk about similar experiences we all have."

Chloe, a member of HD Youth Voice and a Board member for the charity told us: "You're not alone and there's such a lovely, genuine, friendly community of people here. As young people, we can have a huge impact on how the next generation deals with this condition. By speaking up, we have the potential to change lives."

Elaine has Huntington's disease. Her daughter Charlotte has tested positive for the gene and will go on to develop symptoms. Elaine told us how HDYES has helped Charlotte, saying: "I feel less anxious because I know that she can reach out to people her age. It has changed her life. She has a sparkle there."

Funding

We receive less than 2% of our funding from statutory sources. The majority of our funding comes from our amazing community through individual donations, community fundraising, challenge events, in memory giving and legacy giving. We also receive support from trusts and foundations, mainly through smaller grants from family trusts. The National Lottery

Community Fund is supporting 43% of project costs for our delivery of HDYES in England only. Your donation would help to deliver activity events for children and young people in Wales. We currently receive no funding towards HDYES in Wales.

HD Youth Voice co-produced our ‘You are not alone’ film. The film was a Finalist in the Smiley Awards 2025.
https://www.hda.org.uk/information-and-support/information-resources/blogs-and-stories/you-are-not alone-a-powerful-new-film-created-by-hdyv/

We have 53 staff, 39 full-time and 14 part-time. We have 190 volunteers.

TP Transcription Limited recently donated £1,000 to the Cleft Lift & Palate Association (CLAPA)

The Ten Percent Foundation recently donated £1,000 to CLAPA. The charity were nominated by Madhavi Seshu, a cleft consultant at Alder Hey Hospital. Madhavi sent a note to say: "can I nominate CLAPA , the cleft lip and palate association, which is a small national cleft charity which works with children and adults with a cleft in the UK. Their main focus is working with the families and they liaise with the clinicians and researchers in the UK as well. My work with them involves health inequalities in access to dental care for children with a cleft which is a frustrating problem for parents. They do events for families with a cleft like school changeover days, residential weekends, provide free feeding bottles for babies with a cleft, counselling and mentoring services and much more. They work with all the NHS cleft units in the UK."

We made contact with CLAPA and received more information from Mikaela Conlin-Hulme, Head of Income at the charity.

Donation Expenditure

CLAPA is seeking support for core running costs for the 2025–2026 financial year, any donation—such as your grants—would help cover vital services including provision of specialist feeding equipment for newborns, online and in-person support groups for children, adults, and families, peer-to-peer support and counseling, community engagement events and residential weekends for young people, collaboration with NHS Cleft Teams to improve care and access. A donation would meaningfully contribute to these activities as part of CLAPA's wider mission to support the cleft community throughout the UK.

About CLAPA

Formed in 1979 as a partnership between parents and health professionals, CLAPA supports people of all ages by helping them to take control of their treatment journey, connect with others and use their voice to impact the future of care. We are there from the moment of diagnosis with reassurance, information, and a welcoming community for families, children and adults born with a cleft. Cleft is a condition that can affect people throughout their entire lives, and our purpose is ensuring no one goes through this journey alone.

Designed to complement rather than replace vital NHS care, our services comprise: Manufacturing and distributing special bottles and teats, which allow newborn babies with a cleft to come home from hospital and feed peacefully at home. Without these, babies with a cleft can struggle to feed properly and can fail to gain weight. CLAPA provides these free of charge to hundreds of new families each year, a service often described as 'a lifeline' by parents, carers, and specialist NHS nurses alike.

- Online support groups and events to help people to connect with others who share their experiences, including tailored sessions for young people, pre- and post-natal support, grandparents' and Dads' groups.
- Online forums supporting the cleft community 24/7, with 3662 people interacting each day.
- Trained peer volunteers giving one-on-one support to help people cope with the most difficult parts of their cleft journey, and counselling for those requiring psychological support.
- Adult Services, connecting them to others with comparable experiences and ensuring they can access the support they need. Also, an annual conference for adults affected by cleft.
- A variety of focus groups, to co-produce resources, services and strategy with the cleft community. Collaboration with the nine specialist NHS Cleft Services in the UK, supporting the involvement of affected people with research projects and other initiatives to improve care.

As well as this, CLAPA acts as a powerful voice and advocate for the UK cleft community, ensuring they have a place at the table whenever decisions are made about the future of cleft treatment and support.

Experience

Kate’s Story:
“My life wouldn’t be what it is if it wasn’t for CLAPA.” Kate, 38, found out her son Harry would be born with a cleft lip at her 20-week scan. Newly married, she and her husband Adrian were devastated. "I was already having a rough pregnancy, with gestational diabetes and high Down’s Syndrome scores. The news of Harry’s cleft was a bolt out of the blue. We found out the week after our wedding, and that was the end of our honeymoon phase." Kate had little knowledge of cleft lip and palate. "I knew Joaquin Phoenix had a cleft lip, but that was about it. We didn’t want to Google it, because that’s the worst thing you can do."

Her NHS cleft nurse introduced her to CLAPA. At first hesitant, Kate found comfort in CLAPA’s resources and Facebook group. "At first, I called living with cleft ‘being in a bubble’. You think you're the only one in the world. But then I learned more from CLAPA, and I couldn’t believe I didn’t know about cleft as a pregnant woman." Kate and Adrian joined a CLAPA antenatal support group, which became a turning point. "It was amazing—everyone shared the same fears I had. It was such a lightbulb moment. I realised, ‘I’m not going crazy. I’m not doing anything wrong.’"

Harry was born prematurely at 34 weeks with a unilateral cleft lip. "There was still trouble with feeding, and he had silent reflux, but we were lucky in the grand scheme of things." Kate used CLAPA’s feeding bottle service and parent support groups.

"All the groups were brilliant. The baby signing sessions and support networks were invaluable." After Harry’s cleft repair, Kate accessed CLAPA’s counselling service. "It helped me so much. It’s definitely a grieving process—first, for the pregnancy you thought you’d have, then again when surgery changes your baby’s face. It took me weeks to get used to Harry’s forever smile, but much longer to stop grieving his birth smile. My counsellor was a huge part of that journey." During Harry’s surgery, CLAPA’s Facebook group was a lifeline. "Knowing I could message other parents at any time got me through. Even on the day of Harry’s operation, they were there to support me. Without the CLAPA community, I wouldn’t have got through the last two and a half years."

Kate’s mum also found support through CLAPA’s grandparent Coffee Club, and CLAPA helped Kate explain cleft to her 13-year-old daughter using the Callie and her Cleft book. So grateful for the support, Kate became a CLAPA volunteer when Harry was just four months old. She now helps run online antenatal support groups, meets local fundraisers, shares her story with medical professionals, and even sits on CLAPA’s staff and trustee interview panels. "I see parents at the end of support groups with a little less worry in their eyes— just like me that first time. Every chance I get, I shout about cleft and CLAPA. I can say to others, ‘It will be okay, CLAPA can help support you.’"

Funding

- Community fundraising (e.g. challenges and awareness weeks)
- Individual giving including direct debt donations.
- Multiyear Trusts and foundation support (e.g. Big Lottery, Smile Train and Garfield Weston funding pots)
- Corporate partnerships
- Merchandise and feeding equipment sales

What are some of the biggest challenges your charity has faced or is currently facing

The biggest challenges we face are:

- The changes in NHS England being closed and the impact on cleft care.
- Reaching underserved populations (e.g., people with invisible clefts, adults, ethnic minorities)
- High service demand amid rising costs. The need for advocacy for cleft related challenges such as access to good dental care.

Interesting Facts about CLAPA

- 1 in 700 babies in the UK is born with a cleft lip/palate, that's 3 babies a day!
- CLAPA's feeding bottles are described as "lifesaving" by NHS staff and parents
- Our online forums average 3,662 active users daily
- Our social media reaches 2.2 million people annually

CLAPA employs: 23 staff across 16.7 FTE positions • Numerous volunteers supporting peer networks, mentoring, and fundraising
Cleft Lip and Palate Association (CLAPA) Telephone: 020 7833 4883 Office: CLAPA, The Green House, 244-254 Cambridge Heath Road, LONDON, E2 9DA

For further details about CLAPA please visit https://www.clapa.com/

Donation Suggestions Sought by The Ten Percent Foundation

Suggest a Charity

We are open to donation suggestions for 2025-2026, with the next round of decision making due in 6 months, so plenty of time to make suggestions. Our trustees have recently met to make decisions for the May 2025 round and we are in the process of contacting the successful charities to arrange our donations (see above). We tend to distribute donations in the region of £500-£2000 to each charity and we usually have around £20,000 to give away. We get more suggestions from academic staff at universities than we do from any clients in other sectors, which we are incredibly grateful for, and we like supporting ongoing projects. The Prison Choir Project (see our website) is a good example of this and we hope to continue donating to the organisation for some years to come.

Recent Articles

- **Beat The Deadlines - This is just a quick reminder that if you have funding that needs spending before the end of the university financial year, we are always happy to invoice in advance for any transcription & translation work.**
- AI & Multi Speaker Recordings
- The True Cost of Meetings
- A Guide to Apple Transcription for Voice Memo Recordings
- Surviving the ISO 27001 Remote Surveillance audit
- Anonymising Interviewees in Video Research Interviews: A Practical Guide
- Scottish accents - our guide
- English Accents - which are the hardest to understand?
- Google Meet transcription - How to Get a Transcription from a Google Meet: A Comprehensive Guide.
- Zoom Teams How to Improve the Quality of Zoom Transcriptions
- TP Transcription & University Transcriptions Nominated Charities for the Ten Percent Foundation in 2024
- Looking after the welfare of transcribers - a study

Peaceful Shropshire Getaways

St Milburga Chapel in the Shropshire Hills is a cosy 4 person, Grade 2 listed holiday home in open countryside overlooking the Clee Hills. Renovated in 2022, it is approximately 10 minutes' drive from Ludlow with its highly regarded restaurants, cafes and independent shops. The chapel is perfectly located for family holidays (Ironbridge & Church Stretton nearby), weekend breaks and walking holidays. 10% of profits from the chapel lettings are donated to the Ten Percent Foundation. Rated 4 star accommodation by Visit England. Website:

https://www.stmilburgachapel.co.uk

The Transcription Society - providing professional accreditation to academic and business transcribers

The Transcription Society is a not-for-profit organisation dedicated to improving standards in the transcription industry and providing accreditation to both individual and corporate members. The organisation is run on a not for profit basis and registered in the UK with Companies House. The society offers individual transcribers the chance to obtain professional recognition for their standards of work and provides corporate members with recognition that they subscribe to a professional level of industry standards for quality and ethics. Needless to say, TP Transcription Limited is a corporate member and our directors sit on the board of the Transcription Society. For details of the transcription standards the Society promotes, please visit **www.transcriptionsociety.org**.

We hope you have enjoyed reading our monthly newsletter and look forward to hearing from you if we can assist further.

Kind regards
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Part of the Ten Percent Group of websites, donating 10% of annual profits to charity

- **www.tptranscription.co.uk**
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